

# PAPER MAKING

Things you will need:

①



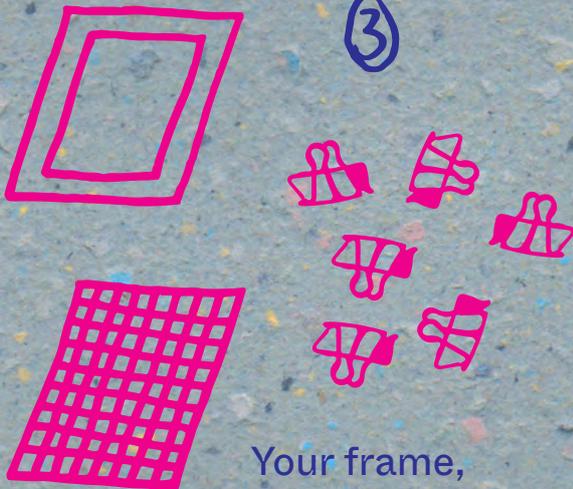
Something to put warm water in,  
A basin, a jug, a bowl, a pan or a bucket  
will do.

②



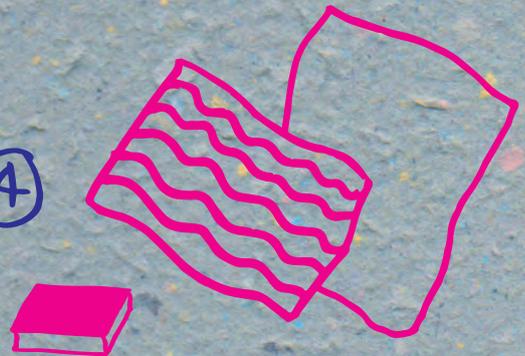
Shredded paper or  
other paper scraps.

③



Your frame,  
mesh & clips.

④



Your sponge, cloth  
& some old towels  
or kitchen towels  
if you have them.

⑤



Scissors

⑥



Baking Paper  
& Rolling pin.  
(or you can use  
a tin or jar)

These are the materials you will need for 2 different ways of making paper

# PAPER MAKING

## Version 1

①



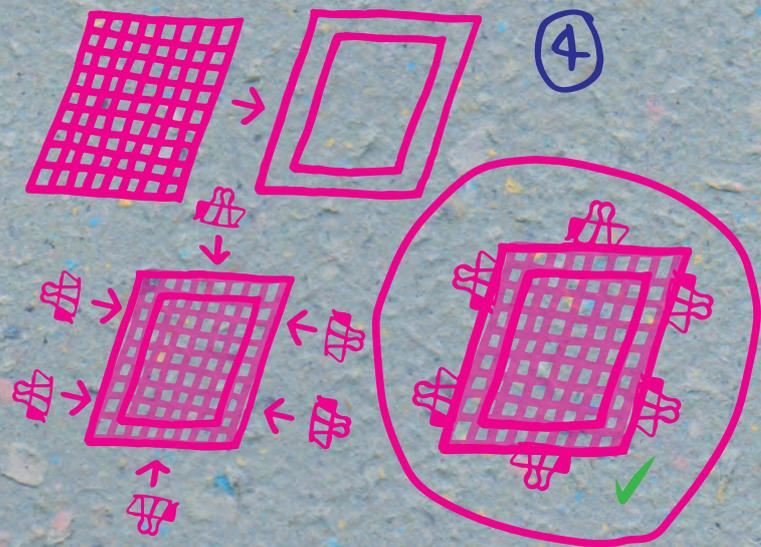
SOAK PAPER



MAKE PULP



MAKE FRAME



### TOP TIP!

Try adding paint, glitter or flower petals to your pulp for different looks

① You can either use the shredded paper from your Boredom Box or rip up old scraps you don't need anymore.

② Soak your shredded paper in warm water for 5 to 10 minutes to make it softer and easier to make into a pulp. You can also leave it overnight to soak if you want to.

③ Mash your paper into a pulp, so that it is quite smooth and mushy. You can do this with your hands by mixing and ripping up the paper in the water. Other ways to do it are with a blender or a potato masher.

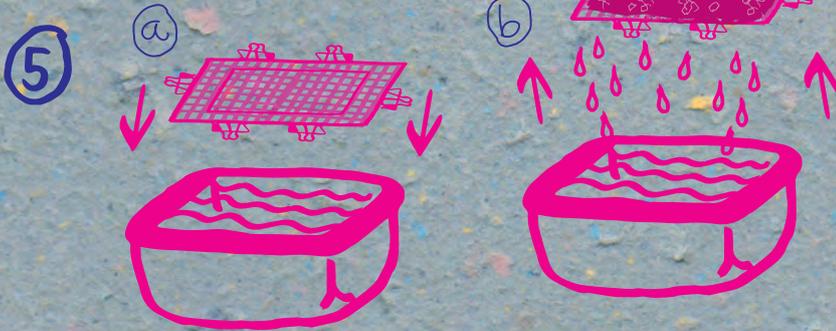
④ Clip the plastic mesh to the flat side of the wooden frame using the bulldog clips to hold them both together.



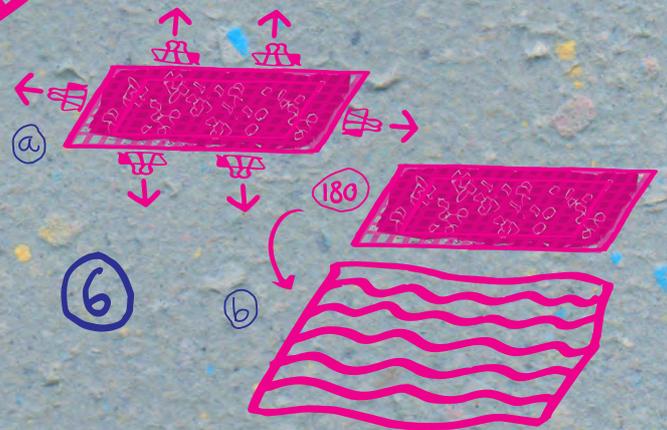
# PAPER MAKING

Version 1

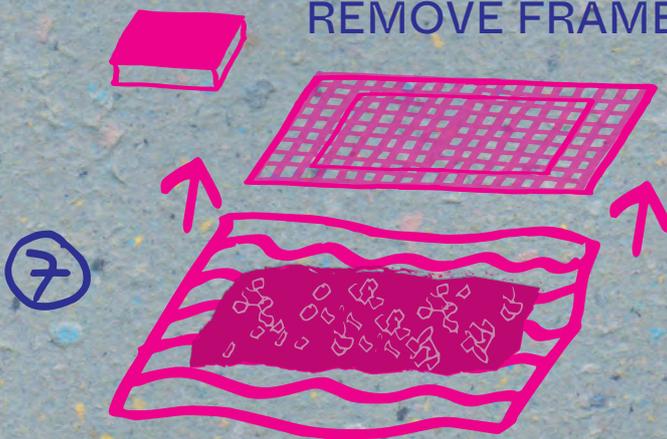
## SCOOP & STRAIN PULP



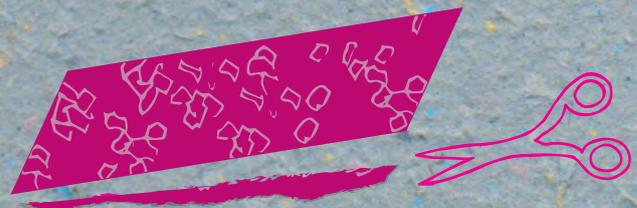
## TRANSFER PAPER



## REMOVE FRAME



## DRY & TRIM



- 5 a) Sink the frame into the basin of pulp and water and move around until the frame is covered in a layer of pulp. b) Then lift the frame out, hold it over the basin let the water strain out until it only drips a wee bit.
- 6 a) Remove the bulldog clips from the frame, make sure you keep it flat at this stage. b) Now, carefully but quickly transfer your paper by flipping the frame over onto the cloth. (You can also use the felt that your soap was wrapped it to transfer the paper onto.)
- 7 Gently dab the sponge on the paper through the mesh to soak up any extra water and then carefully remove the frame, the best method is to peel it off from one side, sort of like turning the page of a book.
- 8 Now leave your paper sheet to dry overnight. Once it's dry peel it off of the cloth being careful not to rip the paper and finally trim the rough edges with scissors or skip this step if you prefer the rough look.

# PAPER MAKING

## Version 2

①



SHRED PAPER

SOAK PAPER



②

MAKE PULP

③

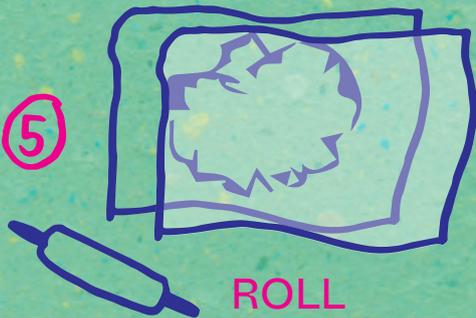


SQUEEZE

④



⑤



ROLL

⑥

DRY & TRIM



① ② & ③

Follow steps from instructions from version 1 on previous page.

④ Squeeze most of the water out of your pulp with your hands (or through your cloth.) You should be left with a mushy, soft ball of pulp.

⑤ Place the ball of paper pulp onto a sheet of Baking paper and place another one on top, then flatten the ball and roll it out as thin as you like to make your sheet of paper. You can use a rolling pin for this or the side of a jar, can or bottle.

⑥ Now leave your paper sheet to dry overnight. Once it's dry peel it off of the baking paper and finally trim the rough edges with scissors or skip this step if you prefer the rough look.

# HOW TO MAKE A PAPER CLAY BOWL...

- ① Tear up paper into small pieces (old newspaper, or other scrap paper pieces are perfect).



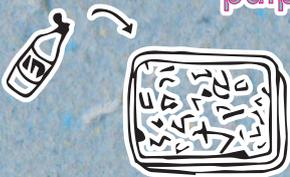
- ② Add to this until you have a good sized pile (don't worry you can always do more if not enough).



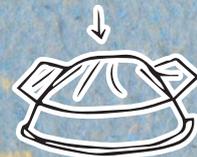
- ③ Place paper in basin or container and fill with a little warm water so it just wets all the paper



- ④ Add pva glue and use your hands to mix and mush into a pulp



- ⑤ Cover underside of a bowl with cling film or tape a plastic bag in place



- ⑥ Grab a small amount of pulp and squeeze out the excess water



- ⑦ Place paper pulp onto covered bowl bit by bit, using the bowl as a form to mould around



- ⑧ Once you are happy with the form, leave it to dry, placing next to a radiator or in the sun can help speed this up



- ⑨ Pop your dried paper clay bowl off and peel off the cling film from the inside



- ⑩ Now you have your own handmade paper clay bowl!



Vegan

## Vegan Dandelion Honey

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100g fresh dandelion  
flowerheads

2 Slices of Lemon

350ml water

300g Sugar

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- Boil water with dandelion + lemon on
- Leave overnight, strain out
- Add sugar + heat <sup>flowers</sup> gently.
- You have vegan honey ♡

# vegan dandelion honey

## instructions

take your dandelion flowerheads and slices of lemon and put them in a pan with water.

heat them up in the pan on a hob until the water is boiling.

boil for five minutes, and then turn off the hob.

put a lid on the pan and leave it to cool and infuse overnight.

the next day, strain out the flowers and lemon.

add the water to the pan with the sugar and heat gently, stirring constantly until sugar has dissolved.

you have vegan honey.



# BLOCK PRINTING

This is the process of printing  
POSITIVE and NEGATIVE space.

## POSITIVE SPACE

- means areas we will cover with paint.

## NEGATIVE SPACE

- means areas we will not cover with paint.

In this activity, any part you cover up using masking tape or newsprint before you paint over it will be the negative space. This process is similar to using a stencil when spray painting (if you have ever done that before).

Here are examples of the kind of things you can make using this technique:



# YOU WILL NEED

A sponge roller, coloured card, sheets of newsprint, scissors, masking tape, cardboard or a plastic bag.

## IMPORTANT

Acrylic paint stains surfaces and clothes so cover your work area or go outside ☺

### STEP 1.

Take a sheet of coloured paper and make some shapes on it using the masking tape.

To make larger shapes you can use the newsprint or you can lay strips of masking tape side by side. You can also use scrap card or paper.

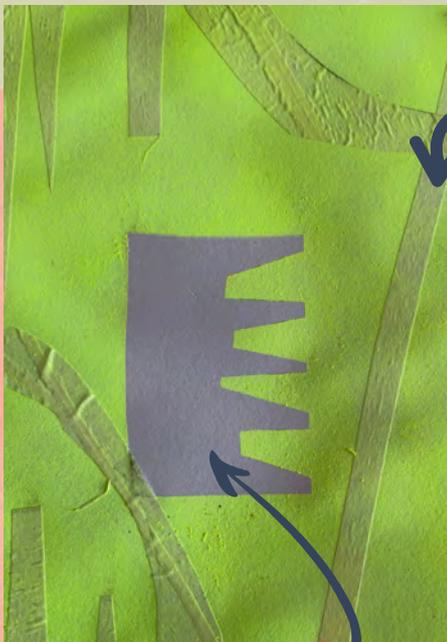
Remember, anything you do not cover with newsprint or tape will be painted over in the next steps.

**Positive Space**



**Negative Space**

**Positive Space**



**Negative Space**

## TOP TIP!

You can wet the newsprint slightly to help it stick to the card.

Or you can also use blue tac if you have some. Remember anything you use will need to peel off again easily.

## STEP 2

Take a scrap bit of cardboard and lay it flat. If you don't have any you can also get an old plastic bag and tape it to a table (or a surface wherever you are working) using the masking tape.

You will use this as a smooth surface to 'ink up' your foam roller. This means we will be covering it in paint!

You can use an old spoon or a bit of card (like an old loyalty card) to scoop out some florescent paint and daub it over the bag or cardboard.



If you are careful not to put too much paint down you can daub the fluorescent paint straight onto your picture and use the foam roller to spread it out instead of following the step above.



Start with a little paint and build it up until your roller is completely covered.

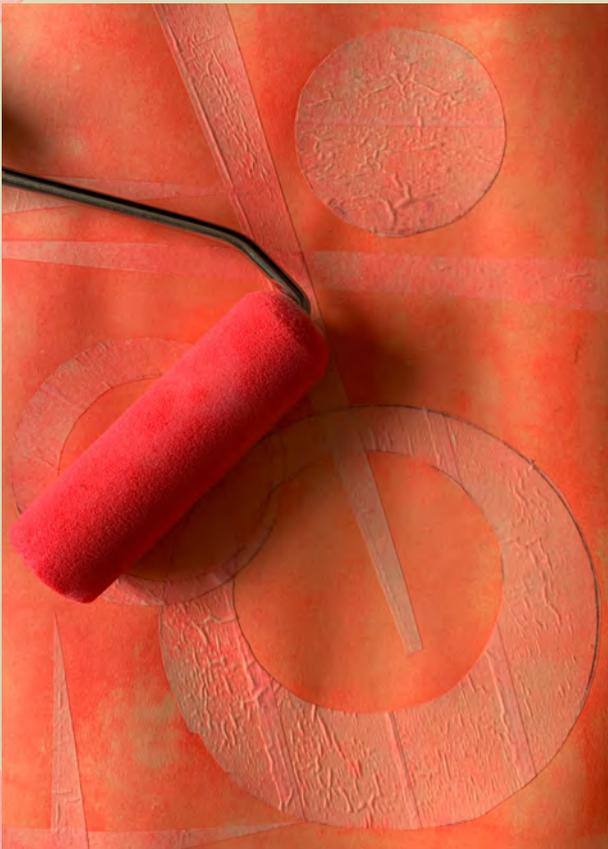


## STEP 3.

Roll the foam roller all over your paper, adding more paint as you need it.

You may have to let the paint dry a little before you add more paint to get a stronger colour.

You can use any paint you like if you have any extra at home, experiment and see what combinations you like.



## TOP TIP!

If you have used newsprint shapes you will need to hold them down with your finger tips as you cover them in paint. If you don't they might stick to your roller and come off!

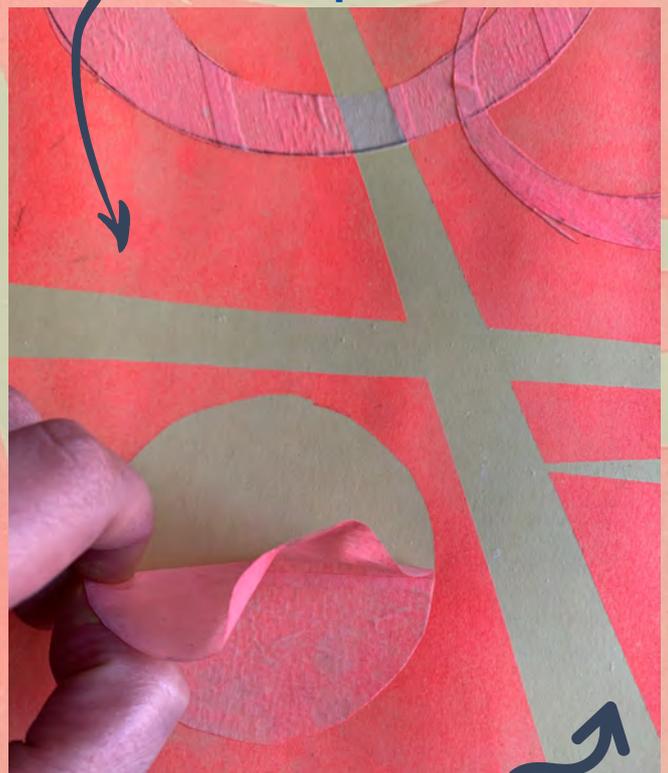
## STEP 4.

When you are happy with the paint, leave your artwork to dry for 10 minutes and then peel off the masking tape and newsprint shapes.

It's best to do this just before the paint is completely dry.

Take care when you are peeling off the masking tape, go slowly and work from edge to edge towards the middle. This will help to stop the tape from tearing the paper.

### Positive Space



### Negative Space

## STEP 5

Leave your artwork somewhere flat until it is dry.

Once it is dry you can repeat the process with other colours, shapes and patterns or you can leave it as it is.

You can even cut up your designs and collage them together.

These are perfect for making gifts, birthday or thank you cards or even labels.

You can do anything you like with them!



# HAVE FUN!

