

# Welcome to this month's Boredom Box!

Inside this month's box...

Scratch Cards

Solar System Mobile

Creative Writing

Swing art

Thank you for participating in The Peacock & The Worm September Boredom Box. You can use the activity sheets provided for guidance on how to use the materials provided, or let your imagination run free! It's all about having fun and being creative.

We always love to hear your feedback about the Boredom Box. You can use the pre-stamped postcard in your box to let us know how you got on.

Happy making!  
The team at Peacocks

# Solar System Mobile

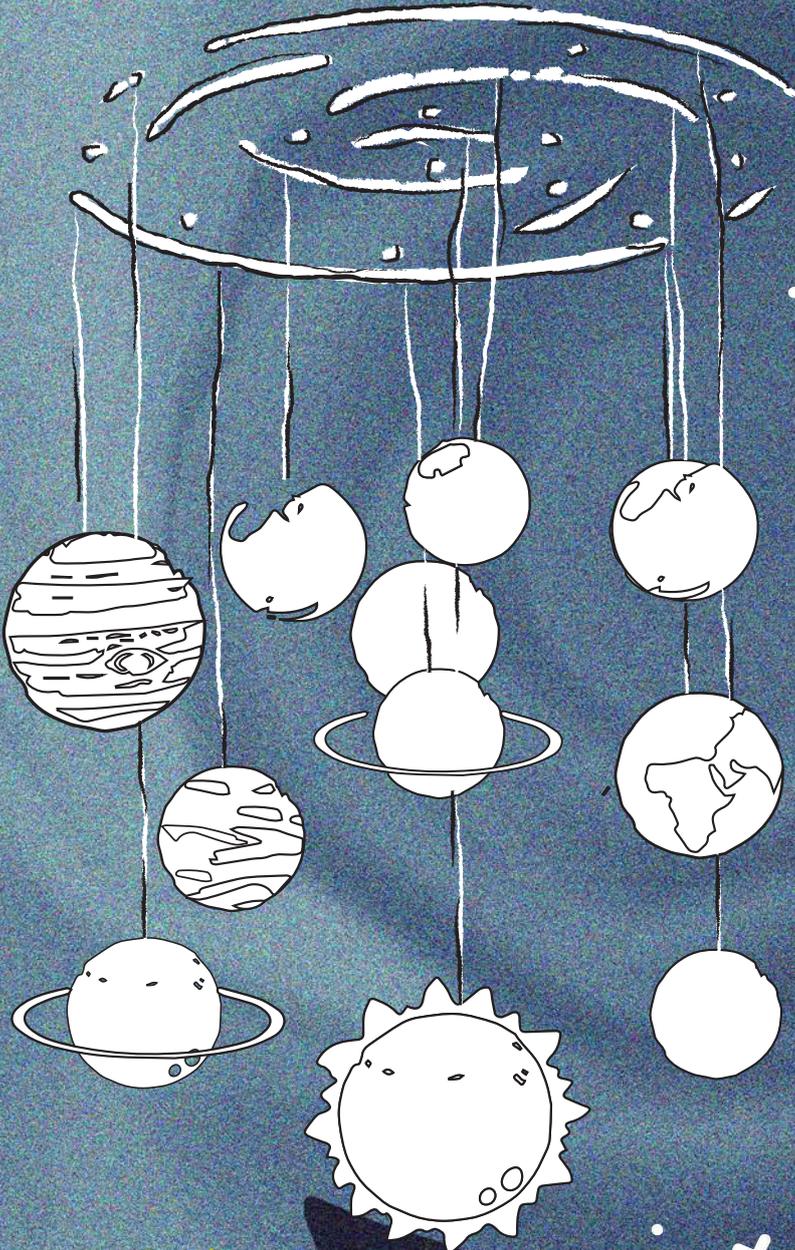
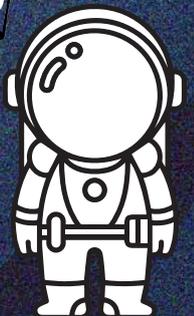
This is part of the Eye's on the  
Skies Activity

Use the  
materials  
inside this  
months box to  
create your  
very own Solar  
System Mobile!



inside your Boredom  
Box you can use...

Acrylic Paint, Glue,  
Glitter, Pens and  
pencils



lee

suggestion

Paint a layer of glue on to your planet, then sprinkle glitter over the top and see what happens.



What planets will you make?  
Can you name a few?



Paint

To help keep things tidy, place old news paper under the wooden pieces before you start painting.

lee

lee

# Eyes on the Skies

## October 2022

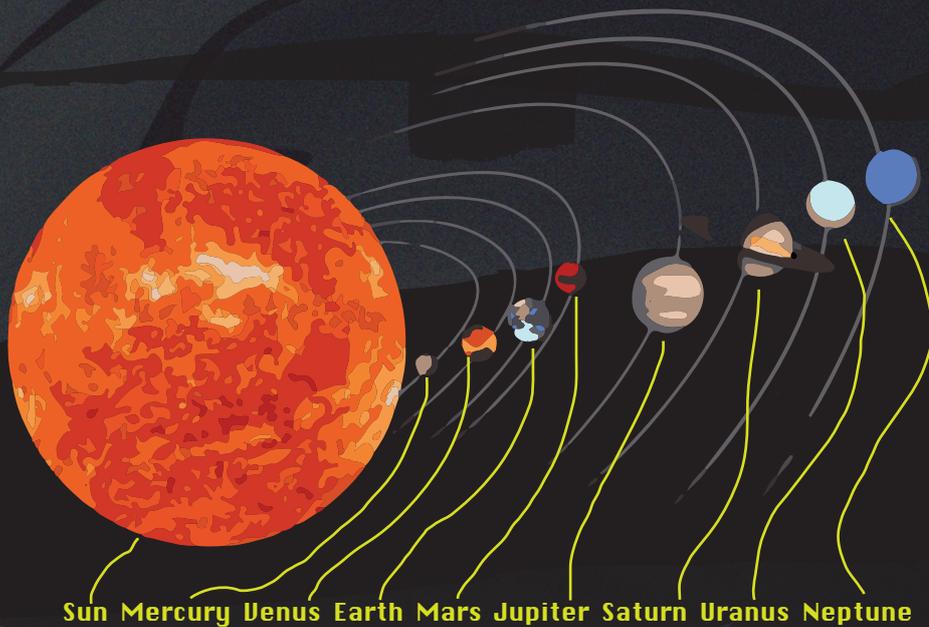
As we begin to say goodbye to the Summer and feel the nights draw in it's time to get our Eyes on the Skies and look up to the night sky.

### Planet Hunting:



October is a great month for finding planets as there are at least 3 planets from our solar system that will be easily visible to the naked eye. This month we will focus on the biggest and brightest of them all, Jupiter.

Jupiter will be the most prominent object in the night sky for all of October and should be easy to spot shortly after sunset in the eastern sky. In order to find it, simply go out when its dark and look for the brightest "star" in the sky.

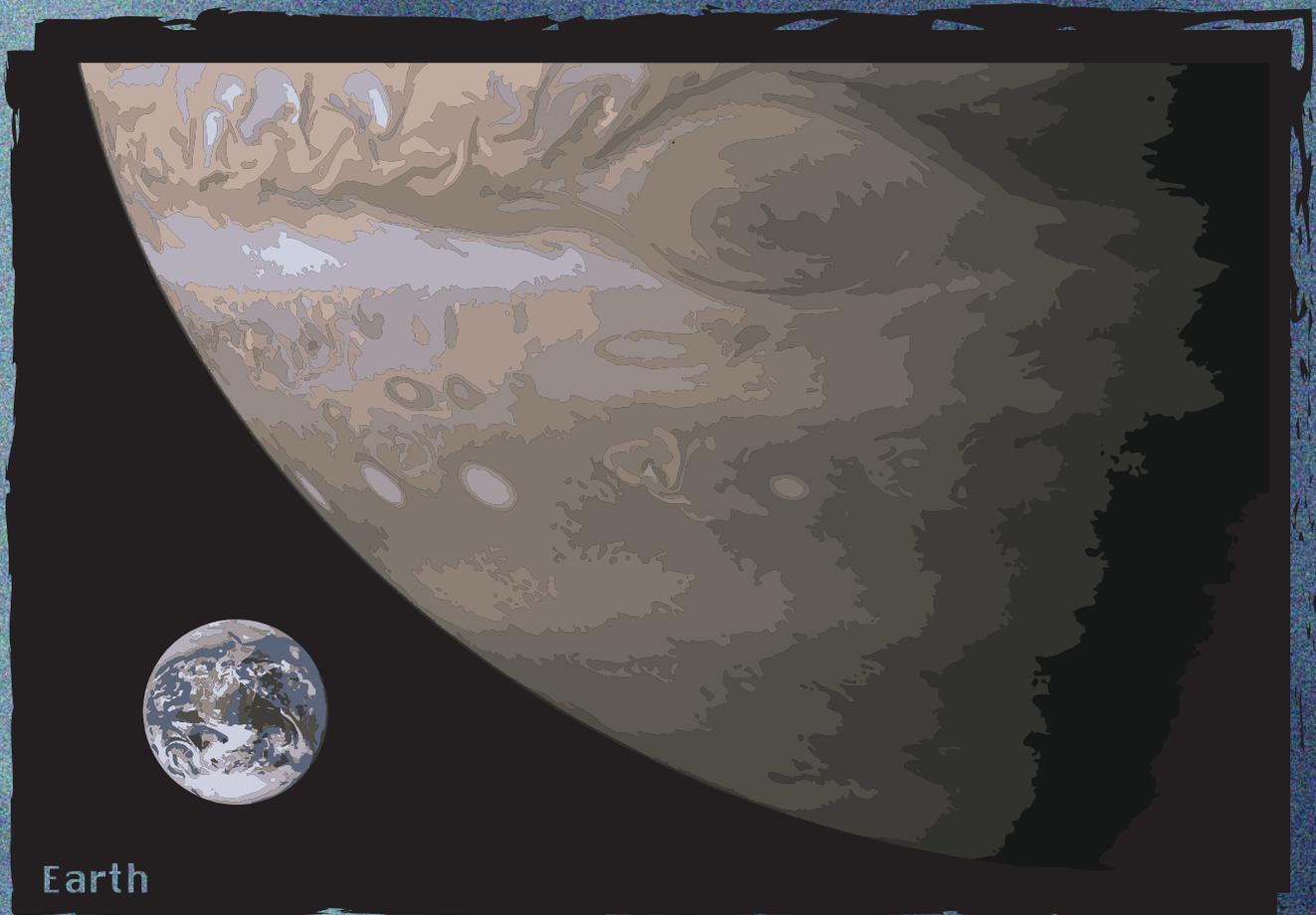


**In fact it is so bright you can possibly see it before sunset if you look closely enough. The reason it is so bright is because of its sheer size. The biggest planet in our solar system, it is roughly 1,000 times larger than the earth and as it orbits the sun just like the Earth it is vastly closer to us than the stars surrounding it.**

**It is also interesting to note that although Jupiter is the brightest object in the sky, it does not actually give off any light. The light you are seeing is sunlight that is being reflected off its massive surface towards us, much like the moon.**

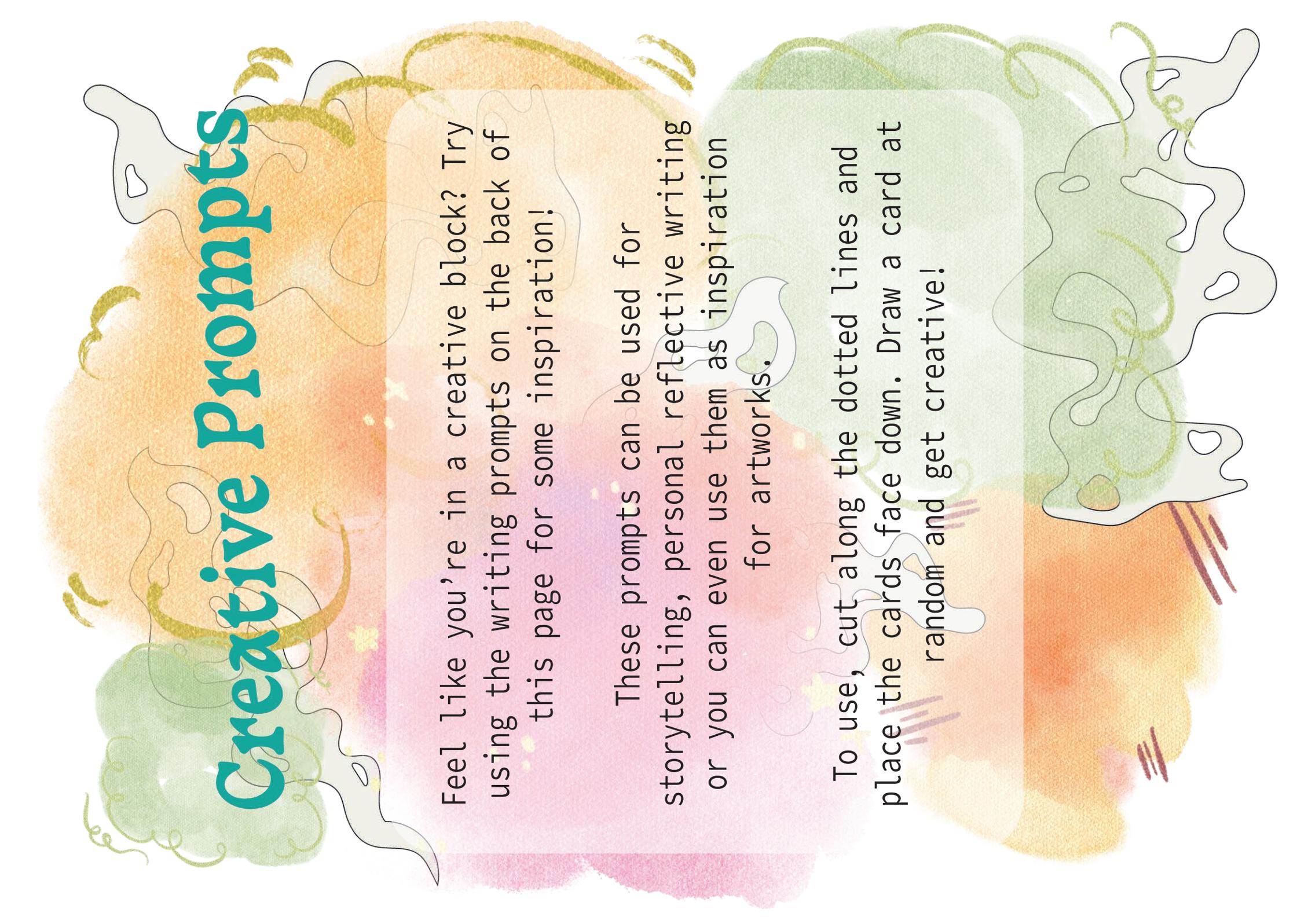
**If you observe Jupiter over the course of a few weeks you will notice that its position in relation to the surrounding stars changes and that it travels across the night sky.**

**Why not try plotting its position in a quick sketch and then repeating the process a week later and take note of how much it has moved.**



**You will not need to go to a particularly dark spot and it can be easily spotted in a city or town due to its impressive brightness. We hope you enjoy getting outside and hunting down the giant planet Jupiter. Remember to stay safe and warm outside!**

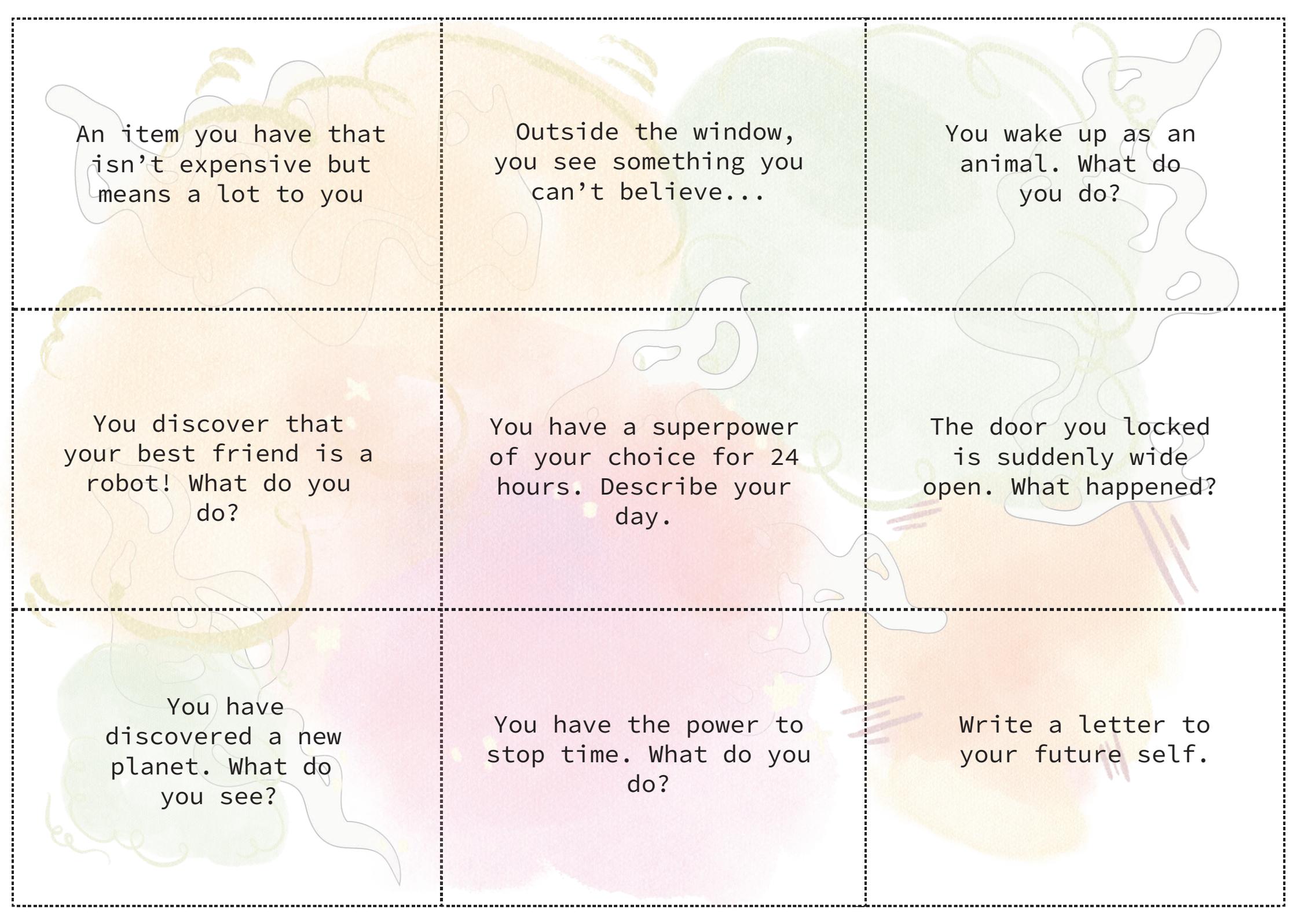
# Creative Prompts



Feel like you're in a creative block? Try using the writing prompts on the back of this page for some inspiration!

These prompts can be used for storytelling, personal reflective writing or you can even use them as inspiration for artworks.

To use, cut along the dotted lines and place the cards face down. Draw a card at random and get creative!



An item you have that isn't expensive but means a lot to you

Outside the window, you see something you can't believe...

You wake up as an animal. What do you do?

You discover that your best friend is a robot! What do you do?

You have a superpower of your choice for 24 hours. Describe your day.

The door you locked is suddenly wide open. What happened?

You have discovered a new planet. What do you see?

You have the power to stop time. What do you do?

Write a letter to your future self.

# SCRATCH CARDS

1.

For this activity you will need:  
Crayons, Black Acrylic Paint,  
Washing up Liquid, Paper &  
Paint Brushes

2.

Mix 2 parts  
black acrylic  
paint to 1 part  
washing up  
liquid and set  
aside.

3.

Take a sheet of paper and use your crayons  
to colour it in. This can be lots of  
different colours to make a rainbow, or  
you can use one or two colours.

4.

Take a sheet of coloured in paper and paint on a  
layer of paint/washing up liquid mix until you  
can't see the colours underneath. Let this dry, it  
might take a day or two to become fully dry.

**5.**

Once it's completely dry, use the end of your paint brush (alternatively you can use a wooden tooth-pick, tip of your scissors or pen/pencil) to carve into the scratch card and create your piece of art work.

## IDEAS



**UNDER THE SEA**



**NIGHT SKY**

# SPLATTER SWING ART

**1.**  
BEFORE THE SPLATTER ART  
CAN COMMENCE, YOU'LL  
NEED TO PREPARE A FEW  
THINGS IN ADVANCE.

**2.**  
TO START WITH, YOU WILL  
NEED TO MAKE A PAPER-  
MACHE SWING.

**3.**  
RIP UP OLD NEWS  
PAPERS OR  
SCRAPS OF PAPER  
INTO STRIPS OR  
RECTANGLES.

**4.** MIX  
TOGETHER 1  
PART WATER  
TO 2 PARTS  
PVA GLUE.

**5.**

**BLOW UP THE BALLOON FROM INSIDE YOUR BOREDOM BOX INTO A SMALL BALL, NO LARGER THAN A SMALL MELON.**



**6.**

**KEEP THE BALLOON STEADY BY PLACING IN A MUG. DIP THE SHREDS OF PAPER INTO THE GLUE MIX AND START APPLYING IT TO THE TOP OF THE BALLOON, CREATING A BOWL-LIKE STRUCTURE.**

**ALLOW FOR EACH LAYER TO DRY, MAKING SURE YOU HAVE AT LEAST 3 TO 4 LAYERS.**

**7.**

**ONCE THIS HAS COMPLETELY DRIED, POP AND REMOVE THE BALLOON.**



**8.**  
MAKE A SMALL  
HOLE IN THE  
CENTRE OF THE  
BASE, AND 3 TO 4  
SMALL HOLES  
AROUND THE RIM  
OF THE BOWL.



**9.**  
ATTACH STRING TO  
EACH HOLE AROUND THE  
RIM. GATHER THE LOOSE  
STRING TOGETHER AND  
TIE AT THE TOP.

**10.**  
TO HELP KEEP THINGS  
TIDY, CUT A BIG  
PLASTIC BAG, OPEN IT  
UP AND PLACE IT ON  
THE FLOOR. THIS WILL  
ALLOW YOU TO HAVE  
LOTS OF FUN WITHOUT  
WORRYING ABOUT  
WHERE THE PAINT ENDS  
UP.



**11.**

**USE YOUR FINGER OR PLACE A PIECE OF TAPE TO COVER THE HOLE IN THE BASE OF THE BOWL. FILL IT UP WITH LOTS OF DIFFERENT PAINTS.**

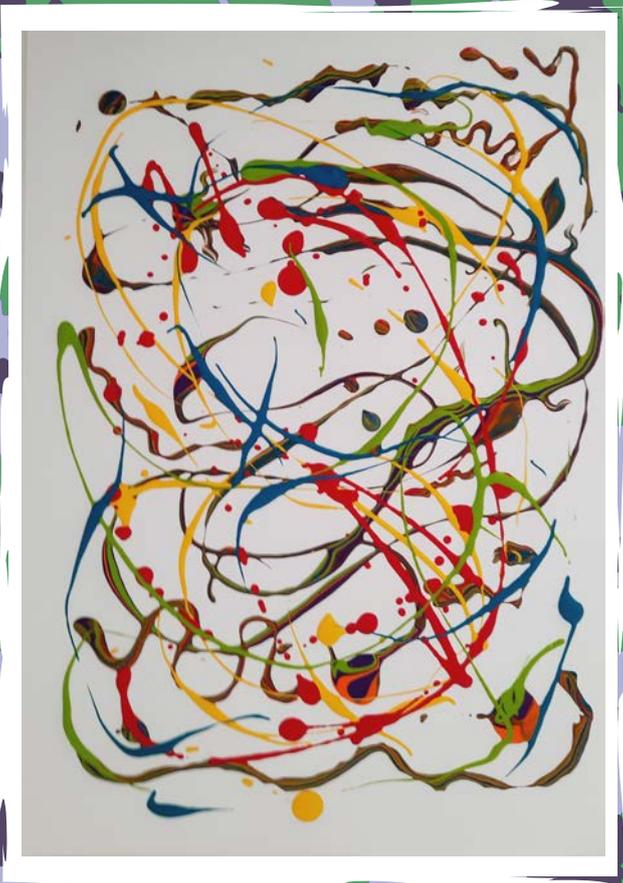
**WE SUGGEST MIXING PAINTS FROM YOUR BOREDOM BOX WITH WATER TO MAKE THEM THINNER AND GO FURTHER.**



**12.**

**ONCE YOU HAVE FILLED IT WITH PAINT, REMOVE THE TAPE (OR YOUR FINGER) AND ALLOW THE BOWL TO SWING ACROSS THE PAPER THAT YOU HAVE PLACED ON THE PLASTIC BAG.**





**13.**

**TO USE THE SWING YOU CAN HOLD IT WITH YOUR HANDS ABOVE THE PAPER OR YOU CAN ATTACH IT TO THE SIDE OF A TABLE USING TAPE OR SOMETHING HEAVY TO HOLD IT IN PLACE.**

**GET CREATIVE!**

**WHAT ELSE CAN YOU MAKE WITH PAPER MACHE?**

