

What are we doing and why?

Peacock & the worm are working with CFINE to produce and deliver free creative activity packs for young people and families who could benefit from them.

Peacock & the worm (formerly Peacock Visual Arts) is a registered charity based on the Castlegate in Aberdeen.

We want to support young people to improve their mental well-being, reduce loneliness and to participate in cultural activities

Peacock are working with the support of their youth advisory group who are helping to design and shape the activities in the packs

We have funding from the Inspiring Scotland's Creative communities fund to produce and deliver up to 100 activity packs every month until July 2021.

Who can get a Boredom Box?

Anyone who is a beneficiary of CFINE can receive a Boredom Box, this includes:

- Young people who are food insecure
- Young people from regeneration areas in the north east, highlands and islands
- These activities are suitable for young people ages 11+, younger children may need supervision. *The activities are created alongside an advisory group of 14-26 year olds*
- If you're not sure, please get in touch

How can I get a Boredom Box?

CFINE will deliver Boredom Boxes to organisations and groups that support young people (such as social work departments, community organisations, women's groups, charities, schools etc.)

Young people can then receive these Boredom Boxes from a support network they are already familiar with

Young people can also self refer through Peacock & the worm by emailing ane@peacock.studio

We are unable to deliver Boredom Boxes directly to the doors of the young people at this time due to having to prioritise food deliveries

Do you support young people?

Get in touch with Ane at Peacock to arrange delivery to your organisation

*Email:
ane@peacock.studio*

Boxes are made to order each month, you will be informed of the next monthly subscription deadline and will be asked how many boxes your organisation would benefit from

Are you a young person?

Get in touch with Ane at Peacock & the worm. She will help you get a Boredom Box

*Email:
ane@peacock.studio*

What information do we need?

Where possible we would like to know:

Age, gender and general feedback

We use feedback to help us shape the content of the boxes and to feedback to the funder to help the project continue past July 2021

We are gathering data to report on the effectiveness of the project in:

Reducing Loneliness

Improving Mental Well-being

Increasing participation in cultural activities

We aim to be as flexible as possible in gathering this data and welcome any comments, observations or feedback.