

welcome to this month's Boredom Box!

This month we have decided to do things a little differently. Based on your feedback over the past year, this box is full of the materials that you enjoyed the most! There is some guidance on how you can use the materials but remember, it's all about having fun and being creative so you can be as imaginative as you'd like!

Inside this box there is:

- ✦ Tie Dye Tote Bag
- ✦ Polymer Clay
- ✦ PVA Glue
- ✦ Paper Marbling

Thanks for participating in Peacock & the Worm December Boredom Box, we hope you had loads of fun revisiting your favourite materials and will get involved again in our next Boredom Box!

We always love to hear your feedback about the Boredom Box Project. The box includes a postcard and stamp for you to let us know how you got on and what you enjoyed the most.

Thanks from,
the team at Peacocks

Tie-dye

You will need:

- *Fabric dye
- *Sponge
- *Floor covering e.g. old towels, sheets bin bags, plastic from packaging
- *String or elastic bands or cable ties
- *Some rubber or disposable gloves
- *Something to dye - t-shirt, shirt, some light-coloured fabric sweat-shirt, hoodie, zipper, joggers, tote bag (this can be an old piece of clothing or cotton)
- *Stick of some kind from the home or outside roughly as long or longer than your fabric item
- *A sink or bowl of water
- *Cling film or a plastic recycled shopping bag

Good to have but not essential:

A facemask

Cleaning wipes or tissue for cleaning

Some of the things you can use
from home to tie up your project



Tie-dye

Once you have collected what you need it is a good idea to prepare your workspace and clear anything precious out of the way, cover your working area.

IMPORTANT!

You have 3 colours of dye, 1 full bottle can do:

2 or 3 smaller material items

2 medium items (t-shirts or shirts)

1 large project like a sheet, flag, large hoodie or table cloth

TIP!

Each dye lasts 45 mins once the water is added to the fill line (on the side of the bottle)
It may be an idea to have a few things ready to go at the same time as the dye only lasts for so long once mixed, you can just use one colour at a time

TIP!

You can also mix 2 colours together to make a 3rd colour by taking a bit of ready mixed dye and adding to an empty bottle from your 2 colours - find or recycle a shower gel bottle for this but do it over the sink and remember the liquid comes out quickly without squeezing the bottle!.

Tie-dye

1

On the front of fabric item find where you would like your dye pattern to cover and place the tip of your stick in the centre.



2

Then turn the stick and fabric upside down, holding the stick in the spot you picked out (this looks a bit like a tent or umbrella)



3

Using some scissors and string cut some pieces of string long enough to wind around your fabric item



4

Take the string and start to wind tightly around the areas you would like to take less of the new dye colour (the tighter the string bind and more wrinkled or bunched up the fabric is, the less the dye can get into these bits)



Tie-dye

5

Take your project to a sink, bath or basin or outside somewhere safe. Using the sponge, tap or paint brush and water, start to soak in parts where you would like the dye to spread and cover all the way around.



6

Once you have all that you need handy and your fabric projects ready is a good time to add the water to your dye to the fill line and shake making sure the lid/top is in place with your thumb to mix. Then touching the fabric with the bottle start to pour your dye on, turning so that it goes everywhere you want the colour to be.



7

When you are finished wrap up each dyed project in cling film or bin bag or re-use a few shopping bags. Put your projects somewhere safe/ protected from drips or splashing for 6 - 8 hours to set the dye.



8

Once the time is up you can give the fabric a rinse, untie the string/ elastic bands or cable ties and put your projects in to a large wash without other washing inside!



We'd love to see how your projects turn out! **#BOREDOMBOX**

OVEN BAKE CLAY KEYRING

Step 1

Gather some tools for cutting and sculpting your clay, this can be pretty much anything! Cutlery, pencil, the back of a paint brush, a chop stick, a cocktail stick. What else could you try?

Step 2

Cut the clay into small cubes and roll them between your hands to warm it up and soften the clay to make it easier to sculpt with. It should feel soft and smooth.

Step 3

Try mixing colours together for a marbled effect, you can also mix colours together to give yourself more colours to work with.

Step 4

Shape the clay using your selected tools.

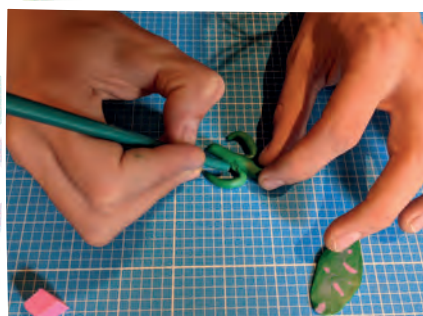
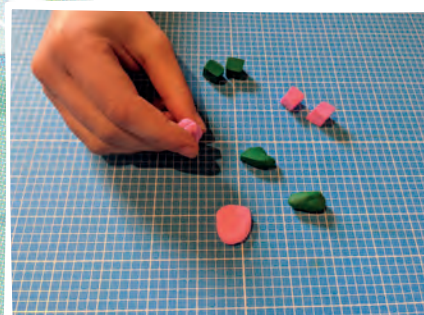
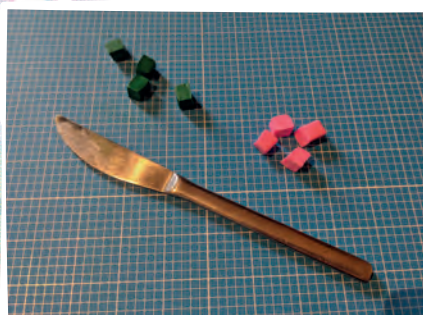
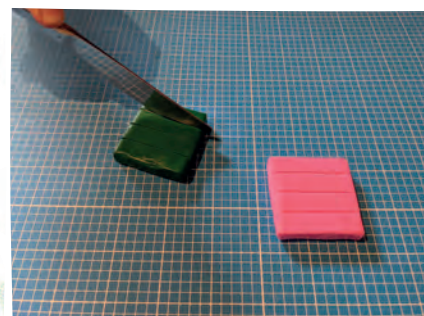
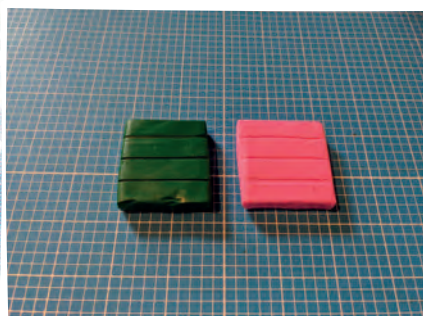
Step 5

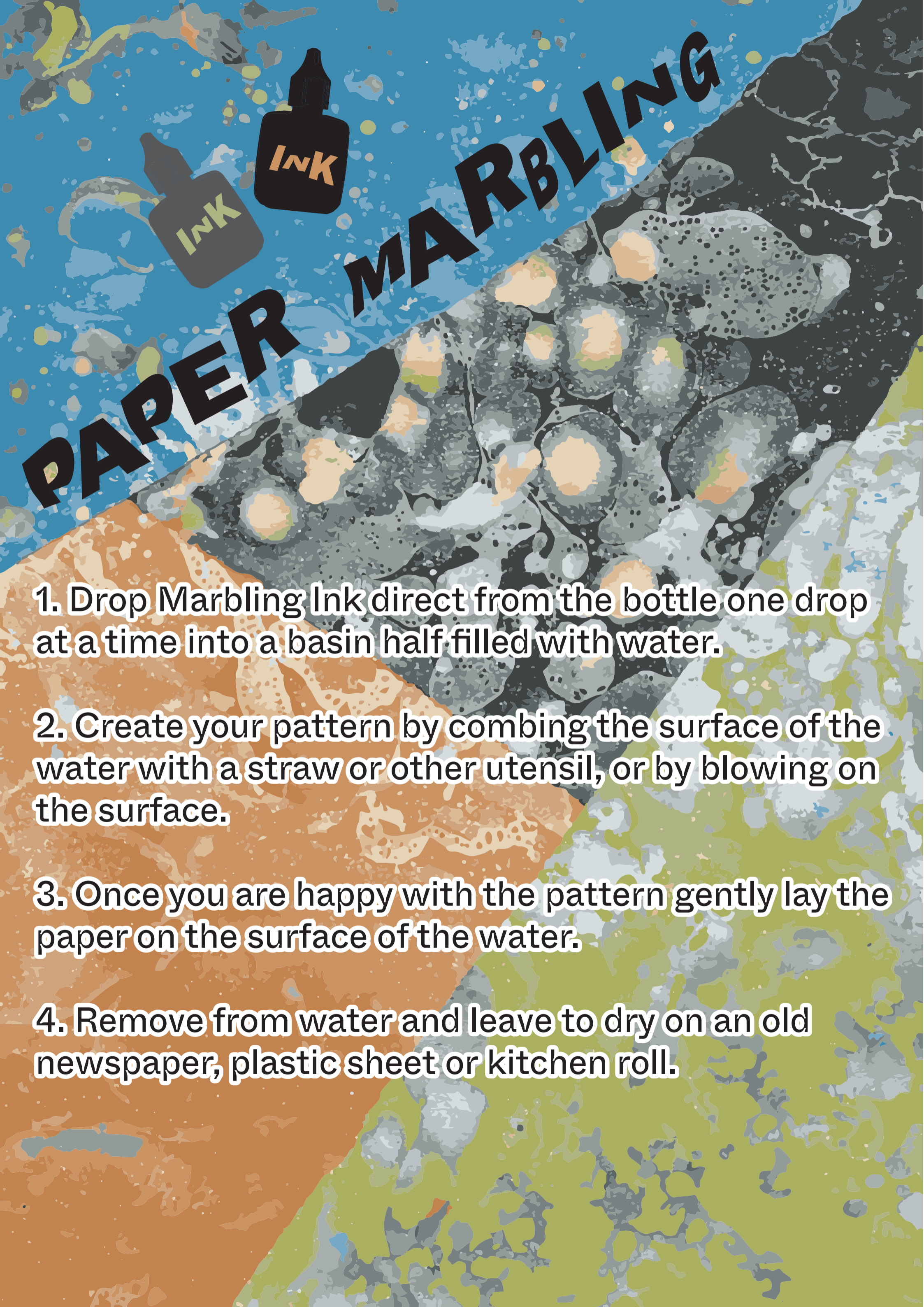
When you have finished your design, place it on an oven tray and stick the hook at the end of your key chain into the clay.

Step 6

Finally bake the keyring in the oven at around 160c for 15-30 minutes. Keep an eye on the clay and be careful not to over bake it. The clay should not change colour. Take it out of the oven and leave it to cool down. Once cooled, your keyring is ready!

OVEN BAKE CLAY KEYRING





PAPER MARBLING

- 1. Drop Marbling Ink direct from the bottle one drop at a time into a basin half filled with water.**
- 2. Create your pattern by combing the surface of the water with a straw or other utensil, or by blowing on the surface.**
- 3. Once you are happy with the pattern gently lay the paper on the surface of the water.**
- 4. Remove from water and leave to dry on an old newspaper, plastic sheet or kitchen roll.**



Colour in Christmas

cards

- 1) Cut the card along the dashed lines
- 2) Fold them along the solid line
- 3) colour them in however you like

