

WELCOME TO THIS MONTHS' BOREDOM BOX!

Inside this months' box...

Draw What you Hear

Tee's and Totes

Bug Scavenger Hunt

Foam Marbling

Thanks for participating in The Peacock & The Worm July Boredom Box. You can use the activity sheets provided for guidance on how to use your materials, or let your imagination run free! It's all about having fun and being creative.

We have decided to take a short break from the Boredom Box project for August to re-charge our creative battery but don't worry, your boredom box will be back again and jam packed with materials as usual in September!

We always love to hear your feedback about the Boredom Box. You can use the pre-stamped envelope in your box to let us know how you got on and tell us what you would like to see in future boredom boxes.

Happy Making!
The Team at Peacocks



Bug

Scavenger

Hunt

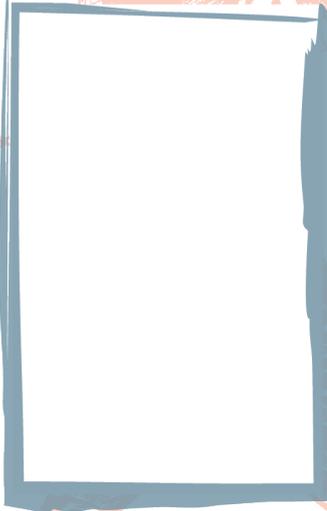
It's time to crack out the mini magnifying glasses from your boredom box and get bug hunting!

You can find insects in lots of different environments. Try looking on leaves and flowers, under rocks and logs, in long grass, in the earth and on tree trunks.

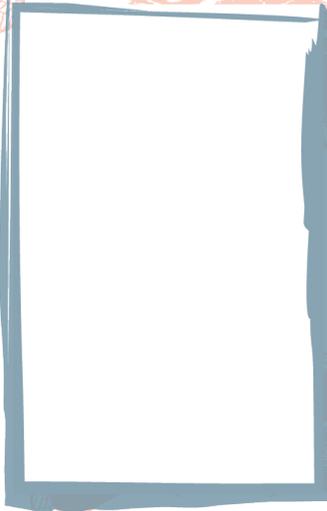
Use the next sheet to document your findings. When you find your creepy crawlies why not try sketching a quick picture? Use your magnifying glass to look up close at all the bugs details.

How many bugs can you find?

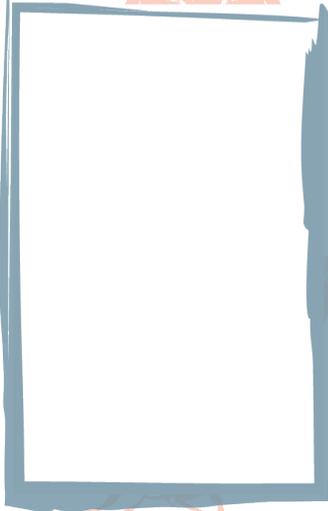
Butterfly



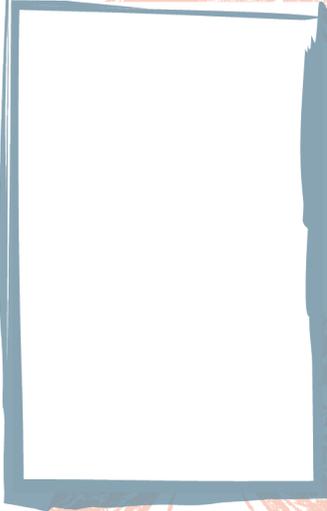
Black Beetle



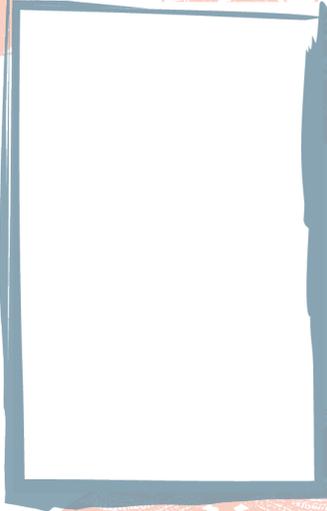
Caterpillar



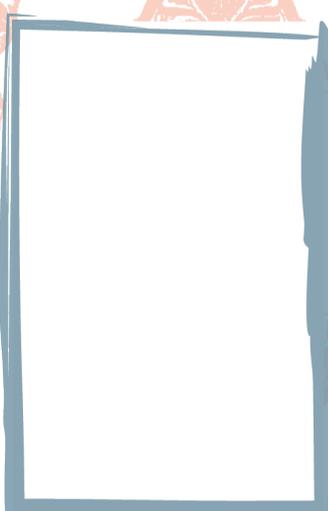
Bumble Bee



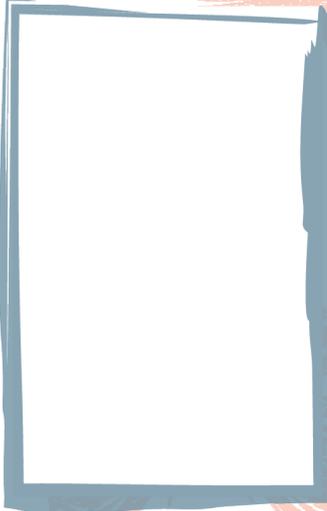
Snail



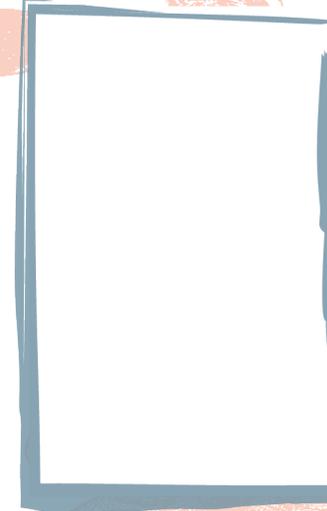
Worm



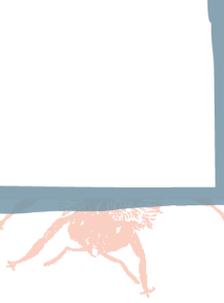
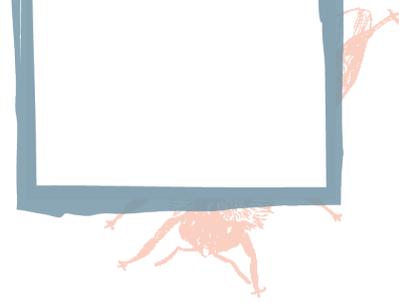
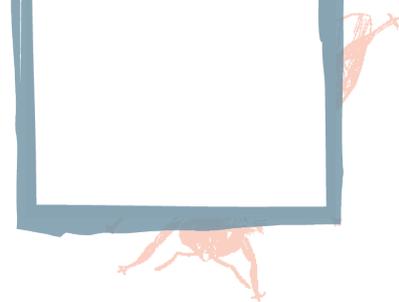
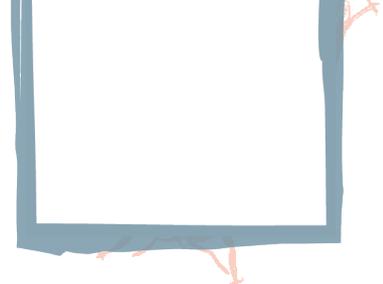
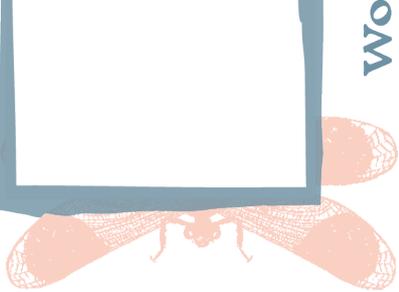
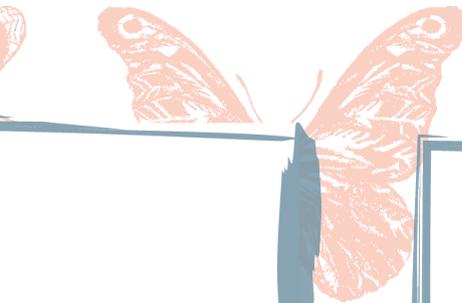
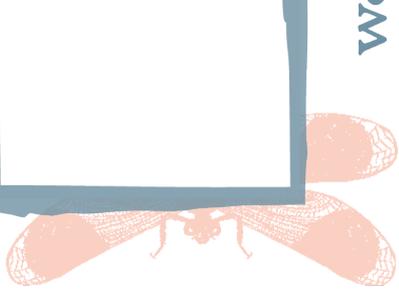
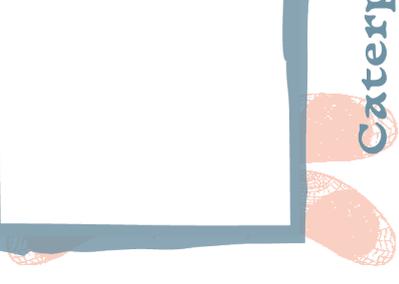
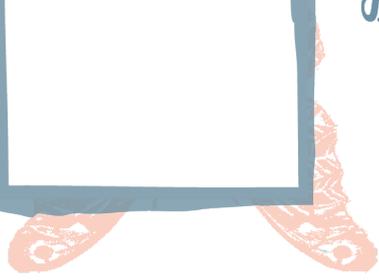
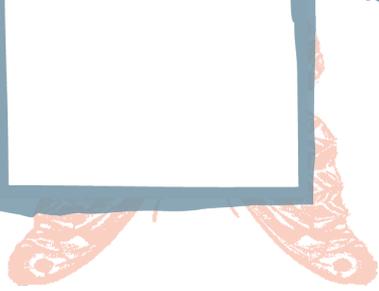
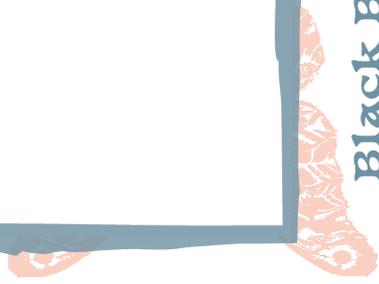
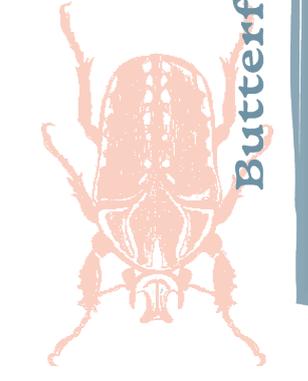
Ladybug



Spider



Woodlouse



Foam Marbling

*You will need:
shaving foam, liquid paints, paper,
cardboard, wooden stick or pencil*

1.



2.



3.



4.



5.



6.



7.



8.



WAIT
3
MINUTES



9.

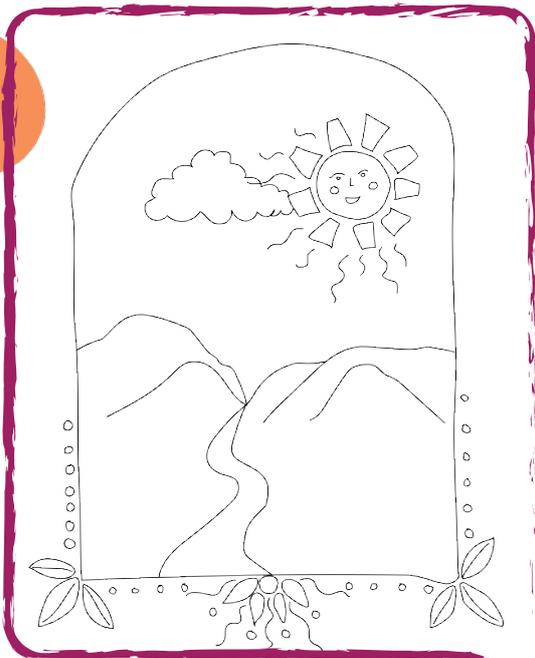


10. Final outcomes



You can get more than one print
from using the same foam!

DIY Tee's & Tote's



1. Take a piece of paper and some pencils to sketch your design ideas out.

2. Once you are happy with your design, re-draw it with a pencil onto your tote bag or t-shirt.

3. Take one of your fabric pens, and draw over the pencil outline. After outlining everything, fill in the gaps.

USEFUL TIP
Place a sheet of cardboard inside the T-shirt or tote bag to avoid any ink bleeding through the material.

These can be fantastic gifts for people you care about!

you need to dry it first before washing it.

When you are finished decorating your fabric, your designs need to be iron-fixed prior to washing.

4. You may need adult supervision for this part of the activity. Turn the t-shirt or tote bag inside out and use a hot iron to fix your designs.

Tote Bag



5. You can wash your decorated tote bag or t-shirt in the washing machine up to temperatures of 40*.

Fabric Pens

Suitable for most natural and man-made fabrics. These Fabric pens contain permanent ink.



T-shirt design by our Creative Advisor Rhiannon!

Draw what you hear...

This activity helps you to visualise sound! Whether that is your favourite music or the sounds of nature. Listen deeply to your chosen sound. Ask yourself questions such as:

- 🎵 Is it fast or slow?
- 🎵 Is it loud or quiet?
- 🎵 Is it a continuous sound? Or does it stop and start?
- 🎵 Is it a hard sound or a soft sound?
- 🎵 How does it make you feel?

For example:

The sound of bird call could be:



The sound of a car alarm could be:



The sound of the sea could be:



The idea for this activity came from our creative advisor, Rhiannon. Here's how they draw by listening to their favourite music:



“When drawing sounds, I first like to listen to how the music notes make me feel. In this drawing I felt calm and inspired by the themes of myth, legends and wonderland in the lyrics.

These brought to mind images which I drew onto paper. I wanted to bring to life the story that was being told.”

You can use this page to practice drawing what you hear!